

# 98<sup>th</sup> Port Washington Invitational

Presented by Port Washington Union Free School District  
Saturday, April 16<sup>th</sup>, 2016 9:30am

**Location:** Port Washington High School, 9:30am

**Clerking:** Will begin at 9:15am

**Entries:** Entry due date is Friday, April 9, 2016.

**NO ENTRIES WILL BE ACCEPTED THE DAY OF THE MEET.**

The fee is an entry fee and not a participation fee. Once an entry is accepted, the entry fee **must** follow.

**Eligibility:** Each athlete is limited to 2 events in total (running and field combined).

**Relays:** Relays are limited to two teams per school.

**Invitational Events:** The following events are considered invitational events: 200m Dash.

**All coaches who wish to have athletes considered for invitational events must pre seed.**

**Please send all seeds to Nicole Dumpson & at [Portwashingontf@gmail.com](mailto:Portwashingontf@gmail.com).**

All seeded entries must be submitted with athletes full name, school, performance, performance date and meet location. Teams are limited to a 3 athlete maximum in invitational events. Field size is listed below. Meet management reserves the right to adjust the number of competitors in the invitational events.

**200m Dash** Top 12 athletes will be accepted

<b>Field Events:</b>	<b>Boys Opening Heights</b>	<b>Girls Opening Heights</b>
	High Jump 5' 0"	High Jump 4' 2"
	Pole Vault 8'	Pole Vault 6' 0"

**In the shot put, discus, long and triple jump: all of the first jumps and throws will be measured. After that only those over the following distances will be measure:**

	<b>Boys Standards</b>	<b>Girls Standards</b>
Long Jump	16' 0"	13' 0"
Triple Jump	35' 0"	27' 0"
Shot Put	33' 0"	22' 0"
Discus	80' 0"	60' 0"

**Standards subject to change based on field size.**

**Awards:** Medals will be given to the top **four** finishers in all individual events.  
Medals will be given to the top **three** teams in all relay events.  
Plaques will be given to the winner of the invitational 200m dash.

**Entry Fees:** \$175.00 boys, \$175.00 girl's team or \$325.00 combined team, plus the cost of timing and one official per team. Officials will be split between Section VIII schools and billed through BOCES.  
**Individuals:** \$8.00 per event. **Relays:** \$20.00 per event or use the blanket entry

Questions, please contact Nicole Dumpson at (516) 469-7763 or [Portwashingontf@gmail.com](mailto:Portwashingontf@gmail.com)

# 98<sup>TH</sup> Annual Port Washington Invitational

Saturday, April 16<sup>th</sup>, 2016, 9:30am

## Track Order of Events

Boys Texas SMR  
Girls Texas SMR  
Boys 400IH  
Girls 400IH  
Boys 1600m Open  
Girls 1500m Open  
Boys 1600m F/S  
Girls 1500m F/S  
Boys 100m Dash  
Girls 100m Dash  
Boys 400m Dash  
Girls 400m Dash  
Boys 800m  
Girls 800m  
Boys 110HH  
Girls 100HH  
Invitational Boys 200m  
Invitational Girls 200m  
Boys 4x800m  
Girls 4x800m  
Boys 4x400m  
Girls 4x400m  
Boys 4x100m  
Girls 4x100m

## Field Order of Events

Boys Shot – followed by Girls Shot Put  
Girls Discus – followed by Boys Discus  
Girls Long Jump – followed by Boys Long Jump  
Girls Triple Jump – followed by Boys Triple Jump  
Boys High Jump – followed by Girls High Jump  
Boys Pole Vault – followed by Girls Pole Vault

# Port Washington UFSD

98<sup>th</sup> Annual Port Washington Invitational

## Entry Form

NAME OF SCHOOL: \_\_\_\_\_

SCHOOL ADDRESS: \_\_\_\_\_

SCHOOL PHONE: \_\_\_\_\_

TEAM ENTERED: Boys \_\_\_\_\_ Girls \_\_\_\_\_ Both \_\_\_\_\_

**BOYS COACH:** \_\_\_\_\_

PHONE: DAY \_\_\_\_\_ EVENING \_\_\_\_\_

E-MAIL: \_\_\_\_\_

ASST. COACH: \_\_\_\_\_

**GIRLS COACH** \_\_\_\_\_

PHONE: DAY \_\_\_\_\_ EVENING \_\_\_\_\_

E-MAIL: \_\_\_\_\_

ASST. COACH: \_\_\_\_\_

BOYS ENTRY \$175 \_\_\_\_\_

GIRLS ENTRY \$175 \_\_\_\_\_

BOTH ENTRIES \$325 \_\_\_\_\_

INDIVIDUAL ENTRIES \$8 per event \_\_\_\_\_

RELAYS \$20 per team \_\_\_\_\_

**TOTAL** \$ \_\_\_\_\_

\_\_\_\_\_  
Athletic Director's Signature

\_\_\_\_\_  
P.O. #

Please send completed entries by mail or fax to:

Schreiber High School  
C/O Nicole Dumpson  
101 Campus Drive  
Port Washington, NY 11050  
PHONE NUMBER: (516) 767-5990  
FAX NUMBER: (516) 767-5994

Please make checks payable to: **Port Washington UFSD**